



Applications open from 9am Monday 15th April - 23:59 Sunday 28th April 2024

London-wide Improving Access to Psychological Therapies Programme (IAPT) for CBT High Intensity Therapists

Psychological therapy services across London are recruiting CBT High Intensity Trainees as part of the IAPT programme. These services deliver evidence-based psychological therapies for people with anxiety and depression.

Are you an experienced mental health professional or social care worker with a recognised professional qualification working in a mental health setting? Have you considered training in cognitive behavioural therapy (CBT) and getting paid to do it?

Applications are invited from qualified Clinical or Counselling Psychological Therapists, Mental Health Nurses, Psychotherapists, Counsellors, Occupational Therapists, Social Workers and Psychological Wellbeing Practitioners to apply for the one-year full-time IAPT post graduate diploma courses based at King's College London and Royal Holloway.

Applicants without a recognised and accredited core mental health professional training (such as Psychological Wellbeing Practitioners* or Psychotherapists and Counsellors without UKCP or BACP accreditation) can apply but must be able to meet the required KSA process.

Please visit the BABCP website for a list of core professions

<https://babcp.com/Accreditation/Practitioner-Accreditation/Core-Professions/Core-Professions-list-and-criteria>

***Please note that PWPs need to have a minimum of 3 years' experience, two of which are as a qualified practitioner.**

From 1st April 2022, the '2-year psychological professions funding rule' came into play by HEE. It is based on the principle that once an individual has commenced an NHS-funded psychological professions training programme, a 2-year period will be required to pass from the expected completion date of that training before the funded individual would be eligible for further NHS funding to train in another psychological profession training (where this leads to a change of occupation).

[Please click to see the NHSE Webpages for further information, including a list of courses](#)

Those without a valid permit to work in the UK are not eligible to apply for this position.

The training programme consists of three days working within an IAPT service and two days at university taught by experts in the field. Each training place involves being employed by a service for the length of the training contract. Contracts of employment will be at a Band 6 or equivalent, and fixed-term for one year whilst training. The Institute of Psychiatry, Psychology & Neuroscience/KCL and Royal Holloway/CNWL will provide the training. These higher education institutions (HEIs) have been selected based on their ability to demonstrate the capacity, knowledge and expertise to deliver the curriculum that has been developed for each training course.

Information on the application process, including how to apply can be found on the [KCL PG Dip website](#). Please review this information carefully in order to apply and please use this link to find the application procedure document on the King's website for full instructions.

For further information on the courses, please visit the website for [King's College London](#) and for [Royal Holloway](#).

For more information about IAPT see [NHS England Mental Health web pages](#).