



CONNECT

Hearing Voices Group

Days: Wednesdays

Times: 1-2pm

Location:

Mind in Bexley
2a Devonshire Road
Bexleyheath DA6 8DS

[Google Maps](#)



A support workshop group for people who are experiencing hearing voices or seeing visions.

These supportive workshops provide an opportunity to exchange information and learn from each other. These are held weekly in a comfortable and confidential space.

The workshop is open to those who have experience of hearing voices or seeing visions whether past or present.

Please register first below.



mindinbexley.org.uk/recovery/

