



Job Title: Personal Health Budget Advisor

Salary: £24k - £26,800

Hours: 37.5 hours per week

Holidays: 35 days per annum, including public holidays

Location: London Borough of Bexley

Contract Length: 12 months, possible extension

About Mind in Bexley

We believe no one should have to face a mental health problem alone. We work to reduce the stigma associated with mental health, support people in their recovery and champion better services for all. We believe that with the right support and resources everybody can create a life that feels meaningful irrespective of the presence of symptoms. Mind in Bexley is a local Mind mental health charity offering an extensive range of support, advice, and information to communities in Bexley and East Kent. The purpose and objects of the charity is 'to promote the preservation and the safeguarding of mental health and the relief of persons suffering from mental disorder'. We promote well-being and work to reduce poor mental health and the stigma associated with it. We support people in their recovery and champion better services for everyone. We seek to meet these purposes by undertaking a wide range of therapeutic and non-clinical mental health activities within Bexley and East Kent, including direct therapeutic support of individuals, advice, advocacy, recovery and employment services, and campaigning to reduce the stigma of mental health and to raise awareness of mental health issues. Mind in Bexley are contracted by the Bexley Clinical Commissioning Group to provide the NHS funded IAPT Service for Bexley.

Purpose of the role:

This is an exciting role for someone who wants to make real change happen. The right candidate will work with mental health service users to develop innovative solutions and choices to help them achieve their recovery goals with a personal health budget. The mental health personal health budget programme will initially run for a 12 month period, with the expectation that this will be then be commissioned as an ongoing service.

About Personal Health Budgets

Personal health budgets (PHBs) are a way of personalising care, based around what matters to people and their individual strengths and needs. They give people more choice, control and flexibility over their healthcare, allowing them to develop a package of care tailored to what will help them to be well and stay well.



Responsibilities

Individuals who are eligible for a PHB will be referred to a Personal Health Budget Advisor (PHBA) who will work with individuals, focusing on 'what matters to them' and take a holistic approach, linking and connecting individuals to community groups and statutory services for practical and emotional support so that the 'service users' are supported and feel more empowered and therefore better able to take up and utilise a personal health budget.

The role will work as part of a multi-disciplinary team focused on providing personalised care so that individuals are able to maintain a good quality of life.

Key Tasks

- To use a person-centred approach to enable the service user to access a range of services and activities to successfully achieve their recovery goals.
- To actively promote the use of personal health budgets within local mental health services.
- Championing the user's voice and empowering them to make decisions regarding their own care and support
- Improve service users experience of discharge from secondary mental health care.
- Partnership working with Mental Health services to support access to Personal Health Budgets for Service Users.
- To use local experience and knowledge to source appropriate support.
- Key Responsibilities – General
- To participate in team meetings and training as required.
- To participate in personal, team and organisational development.
- To maintain personal health budget service user details within the case management system.
- To contribute to monitoring reports as required.
- To ensure an understanding and compliance with Health and Safety
- To work to Mind in Bexley's mission, vision, and values.
- Undertake other projects and tasks as required



Person Specification

Essential:

- a) Experience of working with people with mental health issues and an understanding of the issues they face.
- b) Experience of work with a range of mental health professionals.
- c) Ability to listen and build trust, to encourage people to express their own views and to represent clients' self-defined interests
- d) Effective in working with a wide variety of stakeholders ranging from commissioners, to service users and colleagues
- e) Commitment to working within Mind in Bexley's code of conduct, equalities and safeguarding policies
- f) Ability to work as part of a team and on your own initiative, to plan and prioritise your own workload
- g) Evidence or commitment to ongoing professional development
- h) Proven experience of running and evaluating projects or services.
- i) Experience of using and managing a case management system and running and producing reports for different stakeholders

Desirables

- j) Understanding of personal health budgets, the recovery model, and non-directive advice and support.
- k) Knowledge of mental health services, including current issues in policy and practice. Also, health and social care practice and legislation