

Coping After a Suicide

South East London Suicide Bereavement Service

We work with people who have recently lost someone to suicide across the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark. We support people who live in these boroughs and those whose loved one lived or died in these boroughs

We're here to help you in the aftermath of loss, offering practical support with things like funeral arrangements, as well as emotional support after the death and during the grieving process. We will also signpost you to other services that may be of benefit, depending on your needs.

Get in Touch:

- Email: suicidebereavement@blgmind.org.uk
- Website: <https://slam.nhs.uk/our-services/suicide-bereavement-service/>
- Phone Number: 07933 393397
- Opening Times: 9am-5pm Monday-Friday, evening or weekend appointments if required.