



OVERVIEW

Job Title: IAPT Counsellor

Pay: £34000 per annum

Hours: Full and part time hours considered.

Holidays: 35 days per annum, including public holidays (pro rata).

Location: Mind in Bexley office at 2a Devonshire Rd, Bexleyheath DA6 8DS

Please note that this position will be subject to satisfactory references and will be subject to an Enhanced DBS check.

About Mind in Bexley

We believe no one should have to face a mental health problem alone. We work to reduce the stigma associated with mental health, support people in their recovery and champion better services for all. We believe that with the right support and resources everybody can create a life that feels meaningful irrespective of the presence of symptoms. Mind in Bexley is a local Mind mental health charity offering an extensive range of support, advice, and information to communities in Bexley and East Kent. The purpose and objects of the charity is 'to promote the preservation and the safeguarding of mental health and the relief of persons suffering from mental disorder'. We promote well-being and work to reduce poor mental health and the stigma associated with it. We support people in their recovery and champion better services for everyone. We seek to meet these purposes by undertaking a wide range of therapeutic and non-clinical mental health activities within Bexley and East Kent, including direct therapeutic support of individuals, advice, advocacy, recovery and employment services, and campaigning to reduce the stigma of mental health and to raise awareness of mental health issues. Mind in Bexley are contracted by the Bexley Clinical Commissioning Group to provide the NHS funded IAPT Service for Bexley.

Job Summary

A rare and exciting opportunity for Counsellors to join the Mind in Bexley IAPT team. To work within a framework which abides by all the policies of Mind in Bexley, including equal opportunities, confidentiality, health and safety. Promoting Social inclusion, empowerment, wellbeing and the Recovery model.

Key Responsibilities

- Providing short term, solution focussed counselling via telemedicine, telephone and in person, to adult clients presenting with anxiety and/or depression
- Providing a timely response to risk and safeguarding issues, in line with company policy
- Attend clinical supervision in line with BACP guidelines
- Maintain a full caseload - arranging appointments and manage a clinical diary (using IAPTus)
- Complete the relevant administrative tasks as required, using our patient management system, IAPTus.
- Assist with group treatment sessions, as and when required.
- Assist with initial suitability assessments, as needed
- Attend meetings and training as required (including MDT/team meetings)
- Liaise directly with other stakeholders, to include secondary MH teams, safeguarding and GP's.



PERSON SPECIFICATION

	<p style="text-align: center;">ESSENTIAL</p> <p style="text-align: center;">The qualities without which a post holder could not be appointed</p>	<p style="text-align: center;">DESIRABLE</p> <p style="text-align: center;">Extra qualities which can be used to choose between candidates who meet all the essential criteria</p>
<p>Experience and Knowledge</p>	<ul style="list-style-type: none"> • To apply for this role, you will need to have a counselling qualification and accreditation with BACP (or similar). • Experience of digital working, and working with clients using a short-term solution focused approach is a requirement of this role. • Applicants will need to demonstrate their ability to adapt within an NHS funded service that is constantly changing, to meet new demands. • Strong written and verbal communication skills are essential. Applicants must have experience of using an electronic patient management system, and have a good understanding of the IAPT model. 	<ul style="list-style-type: none"> • Ideally, you will need previous experience working in IAPT alongside experience in using case management systems. •

To apply please email a CV and supporting statement to Recruit@mindinbexley.org.uk