

Volunteering Opportunity - Eco-therapy



The Mind in Bexley Eco-therapy team are looking for volunteers to help us maintain and develop our community allotment group. The group runs on a Monday and Thursday from 10:30 am to 1:30 pm.

Be a part of a community of growers, meet fantastic people, share your knowledge and skills and grow in confidence.

As an allotment volunteer you will play an important part in the upkeep, maintenance and growth of our allotment. There are always a wide range of gardening tasks to be done. All help is appreciated, whether for big or small tasks!

Roles and attributes

- Building and constructing allotment beds
- Preparing the beds for growing
- Minor DIY repairs
- Planting and sowing seeds
- Gardening
- Engaging all who access the Allotment
- Reliable and Trustworthy

Please contact Pauline Fisher or Christine Parkes on 0208 303 8932 Option 1

